

# ARTHRITIS AND RHEUMATOLOGY CENTER OF MI

## Patient Assessment

Considering all the ways in which illness and health conditions may affect you at this time, please make a mark below to show how you are doing:

Very Well |-----| Very Poorly

How much pain have you had because of your condition over the past week? Place a mark on the line below to indicate how severe your pain has been:

No Pain |-----| Pain as Bad as It Could Be

Please answer the following questions, even if you feel that they may not be related to you at this time. Answer exactly as you think or feel – there are no right or wrong answers. Check the one best answer for each question.

<b>Activity Level</b>	<b>Without any difficulty</b>	<b>With some difficulty</b>	<b>With much difficulty</b>	<b>Unable to do</b>
<b><u>Right now, are you able to:</u></b>				
1. Dress yourself, including tying shoelaces and doing buttons?	_____0	_____1	_____2	_____3
2. Get in and out of bed?	_____0	_____1	_____2	_____3
3. Lift a full cup or glass to your mouth?	_____0	_____1	_____2	_____3
4. Walk outdoors on flat ground?	_____0	_____1	_____2	_____3
5. Wash and dry your entire body?	_____0	_____1	_____2	_____3
6. Bend down to pick up clothing from the floor?	_____0	_____1	_____2	_____3
7. Turn regular faucets on and off?	_____0	_____1	_____2	_____3
8. Get in and out of a car, bus, train or airplane?	_____0	_____1	_____2	_____3
9. Walk two miles?	_____0	_____1	_____2	_____3
10. Participate in sports and games as you like?	_____0	_____1	_____2	_____3
<hr/>				
11. Get a good night's sleep?	_____0	_____1.1	_____2.2	_____3.3
12. Deal with feelings of anxiety or being nervous?	_____0	_____1.1	_____2.2	_____3.3
13. Deal with feelings of depression or feeling blue?	_____0	_____1.1	_____2.2	_____3.3

Your Name \_\_\_\_\_ Today's Date \_\_\_\_\_ Time of Day \_\_\_\_\_

**Instructions for Office Staff**

<p>Activity Level Index Scoring: For FN (questions 1-10) add total points and convert using scale on right. For PS (questions 11-13), add total points.</p>	<p>Visual Analog Scales: measure with metric ruler. Line is exactly 10 cm long. Scores should be recorded in cm.mm format.</p>
---	--

Adapted from Pincus T, Swearingen C, Wolfe F. Toward a Multidimensional Health Assessment Questionnaire. Arthritis Rheum 1999; 42:2220-2230.

Patient Assessment Form © 1999, Health Report Services. Used with permission.

**For Office Use Only**

**GL**

**PN**

**FN**

1=0.33  
2=0.67  
3=1.0  
4=1.33  
5=1.67  
6=2.0  
7=2.33  
8=2.67  
9=3.0  
10=3.33  
11=3.67  
12=4.0  
13=4.33  
14=4.67  
15=5.0  
16=5.33  
17=5.67  
18=6.0  
19=6.33  
20=6.67  
21=7.0  
22=7.33  
23=7.67  
24=8.0  
25=8.33  
26=8.67  
27=9.0  
28=9.33  
29=9.67  
30=10.0

## ARTHRITIS AND RHEUMATOLOGY CENTER OF MI Physician Assessment

### Patient Right

### Patient Left

0= Absent  
1= Present

Joint	Pain	Swelling	Joint	Pain	Swelling
Shoulder	0 1	0 1	Shoulder	0 1	0 1
Elbow	0 1	0 1	Elbow	0 1	0 1
Wrist	0 1	0 1	Wrist	0 1	0 1
MCP I	0 1	0 1	MCP I	0 1	0 1
MCP II	0 1	0 1	MCP II	0 1	0 1
MCP III	0 1	0 1	MCP III	0 1	0 1
MCP IV	0 1	0 1	MCP IV	0 1	0 1
MCP V	0 1	0 1	MCP V	0 1	0 1
PIP I	0 1	0 1	PIP I	0 1	0 1
PIP II	0 1	0 1	PIP II	0 1	0 1
PIP III	0 1	0 1	PIP III	0 1	0 1
PIP IV	0 1	0 1	PIP IV	0 1	0 1
PIP V	0 1	0 1	PIP V	0 1	0 1
Knee	0 1	0 1	Knee	0 1	0 1

**Physician's Global Assessment:** Mark an X on the line below to indicate disease activity (independent of the patient's self assessment):

Very Good |-----| Very Bad

Today's Physician Global Assessment Score \_\_\_\_\_ Baseline score \_\_\_\_\_ Percent Change \_\_\_\_\_

Total Painful Joints Today \_\_\_\_\_ Total Painful Joints Baseline \_\_\_\_\_ Percent Change \_\_\_\_\_

Total Swollen Joints Today \_\_\_\_\_ Total Swollen Joints Baseline \_\_\_\_\_ Percent Change \_\_\_\_\_

Acute-Phase Reactant: ESR or CRP Today \_\_\_\_\_ ESR or CRP Baseline \_\_\_\_\_ Percent Change \_\_\_\_\_

### Scores from Patient Assessment

Today's Function (FN) Index \_\_\_\_\_ Baseline Function (FN) Index \_\_\_\_\_ Percent Change \_\_\_\_\_

Today's Patient Pain (PN) Score \_\_\_\_\_ Baseline Patient Pain (PN) Score \_\_\_\_\_ Percent Change \_\_\_\_\_

Today's Patient Global (GL) Score \_\_\_\_\_ Baseline Patient Global (GL) Score \_\_\_\_\_ Percent Change \_\_\_\_\_

### Criteria for ACR 20 Improvement

#### **Required**

> 20% Improvement in painful joint count

> 20% Improvement in swollen joint count

+

> 20% Improvement in 3 of the following 5 areas

Patient Pain Assessment (PN) \_\_\_\_\_

Patient Global Assessment (GL) \_\_\_\_\_

Physician Global Assessment \_\_\_\_\_

Patient Self-Assessed Disability (FN) \_\_\_\_\_

Acute-Phase Reactant (ESR or CRP) \_\_\_\_\_

#### **Achieved**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

-

-

\_\_\_\_\_

Felson, DT, Anderson JJ, Boers M, Bombardier C, Furst D, Goldsmith C, Katz LM, Lightfoot R, Paulus H, Strand V, Tugwell P, Weinblatt M, Williams HJ, Wolfe F, Kieszak S. American College of Rheumatology Preliminary Definition of Improvement in Rheumatoid Arthritis. *Arthritis Rheum* 1995; 38:727-735.

Physician Assessment Form © 1999, American College of Rheumatology.

Supported by a grant from G.D. Searle and Co.

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_ Physician's Initials \_\_\_\_\_



[REDACTED]